

WEILAND HEALTH INITIATIVE



Training Menu

Our mission is to promote mental health and wellness across the spectrum of gender identities and sexual orientations through education, training and clinical services at Stanford and beyond.

Gender & Pronouns

A beginning step in understanding gender identity, practicing and explaining pronouns, and tips for gender inclusivity.

Sexual & Romantic Diversity

An introduction to sexual orientation, sexual fluidity, and sexual practice, potentially covering topics such as attraction, kink, consensual non-monogamy, and asexuality.

IPV in the Queer Community

A discussion on the specific issues within interpersonal violence within queer and/or trans relationships.

LGBTQ+ 101 & Queer Inclusivity

An introduction to the differences between sex, sexuality, and gender. A beginning look at the use of identity terms, context of labels, and take home points about inclusivity.

Queer Mental Health

A look at the specific mental health-needs of LGBTQ+ folks in your community to inform services and programs.

New Topic

Have specific needs/questions? We can create a training/presentation for you!

To book a training, visit:

<https://vaden.stanford.edu/well-being/outreach-training-consultation>
to fill out a request form!

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