AlcoholEdu for College Course Map

AlcoholEdu is a research-based, student friendly, online alcohol education program designed to assist students in making healthy decisions regarding alcohol use in

Part 1	**1. Getting Started** • Introductory Video • Custom Welcome Letter • Custom Welcome Video	**2. Standard Drink** • Student Alcohol Knowledge Interviews • Pre-Assignment • Standard Drink Definition • Identifying Standard and Non-Standard Drinks • Pouring Standard Drinks	**Survey 1**	**3. Where Do You Stand?** • Risk Factors & Choices • You Are Not Alone/Benefits of Not Drinking/Calories & Cash/Support Your Choice • Your Drinking Profile/Your Peak BAC/Reducing Your BAC/Drinking Consequences/Calorie & Cash/Your Drinking Behaviours
	4. Goal Setting • What's Important to You? • What Do You Want to Focus On This Year • My Choices	**5. Drinking & Motivation** • What Do You Think? • Factors That Can Influence Decisions • 'Why/Why Not Drink?' Poll • Expectancy Theory & Advertising • Ads Appealing to Men/Women • Alcohol & Advertising Poll • Write a Tagline	**6. Brain & Body** • BAC Basics • What Factors Affect BAC • Risk/Protective Factors • BAC Calculator • Marijuana & Drugs • Sexual Assault & Understanding Consent • Brain & Body Science • Biphasic Effect • A BAC Story	**7. My Action Plan** • Drinker/Non-Drinker Plan • Choose Your Strategies • Activities On Campus
	8. Laws & Policies • Alcohol Related Laws • Campus Policies • Drinking & Driving	**9. Helping Friends** • Taking Care of Yourself & Others • Alcohol Poisoning • Helping Your Friends Poll • Drinking & Driving • Getting Help	**Survey 2 + Post-Assessment**	**Intersession**
Part 2	**10. Introduction** • Welcome Back	**Survey 3**	**11. Recognizing Problems** • Taking Care of Yourself & Others - The Roommate	**12. Course Conclusion** • Summary of Key Topics • Review Goals, Choices and Plan

SUPER
SUBSTANCE USE PROGRAMS, EDUCATION & RESOURCES