

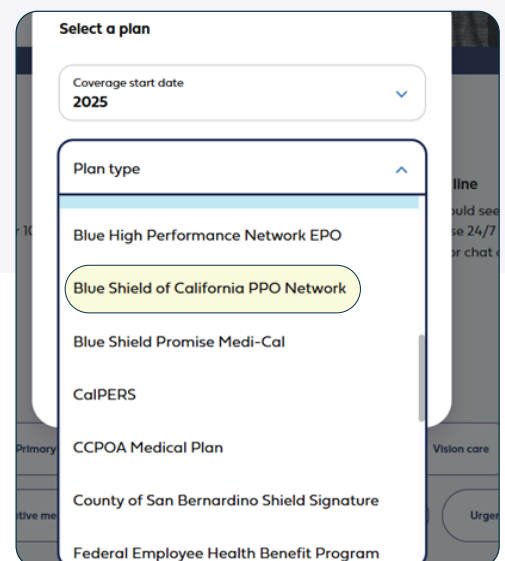
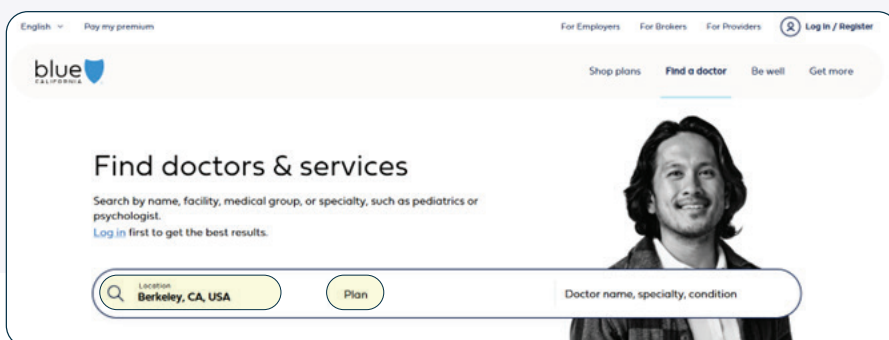
Find a health care provider in a few simple steps.

These steps apply to Wellfleet Student Health Insurance Plans in California that use the Blue Shield of CA PPO Network (for services inside California) and the Cigna PPO Network (for services outside California).

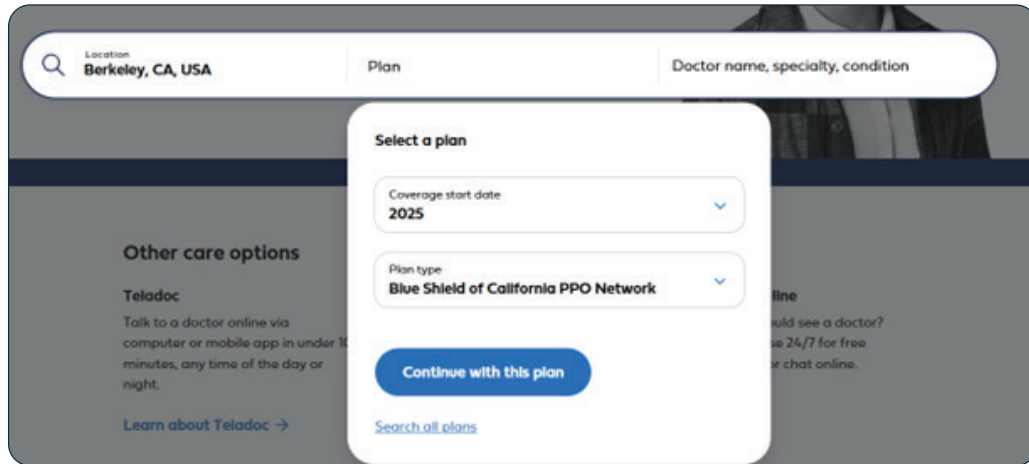
For services inside of California:

Locate a provider in the Blue Shield of CA PPO network within California by following the directions below.

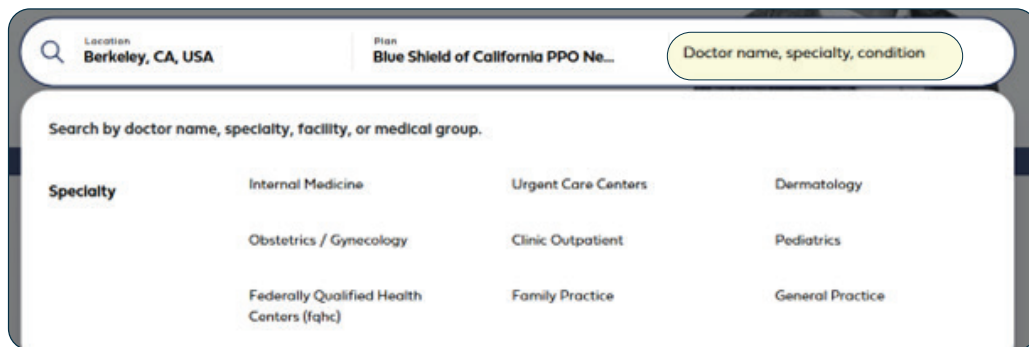
1. Navigate to the **Blue Shield of CA electronic provider finder tool** using this link: <https://www.blueshieldca.com/fad/home>
2. Once in the provider finder tool, click **"Find a doctor"**.
3. Type in the name of the city and state of where you want to locate a provider.
4. Once that is typed in, click on **"Plan"**.
5. When the **"Select a Plan"** box opens, confirm the coverage start date is the current plan date (i.e., 2025). Then, click the drop-down arrow beside **"Plan Type"** and scroll down until you see **"Blue Shield of California PPO Network"**. Select this option.



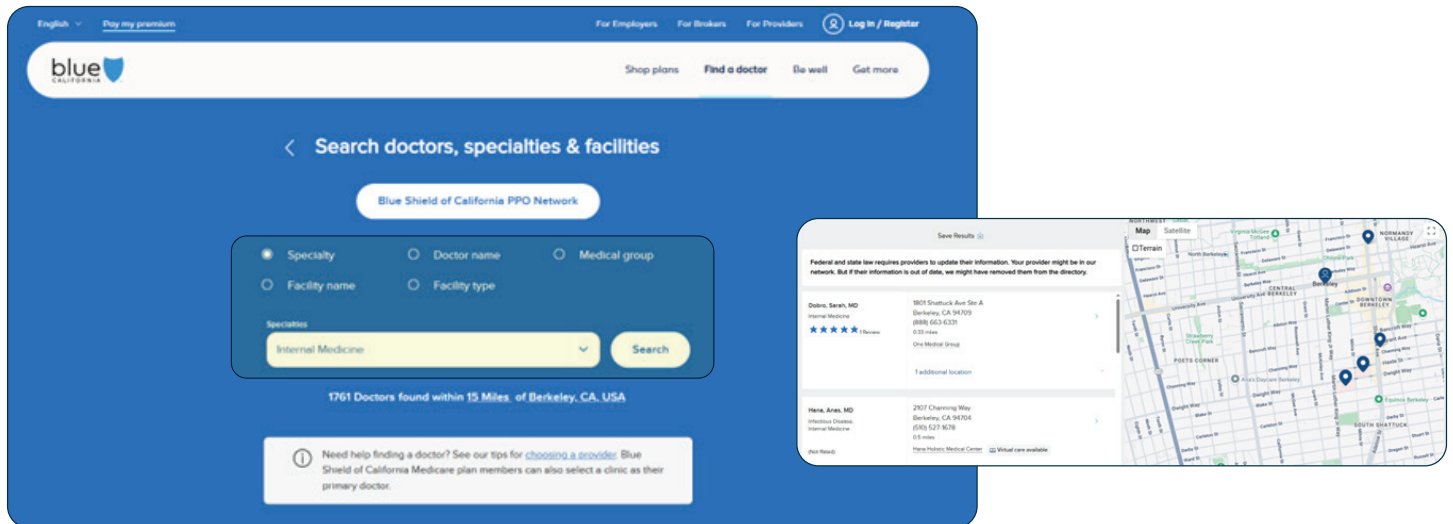
6. Once you select a plan, click on **“Continue with this Plan”**, as shown below.
7. Type in the name of a doctor or a specialty, **OR** click on **“Doctor name, specialty, condition”**.



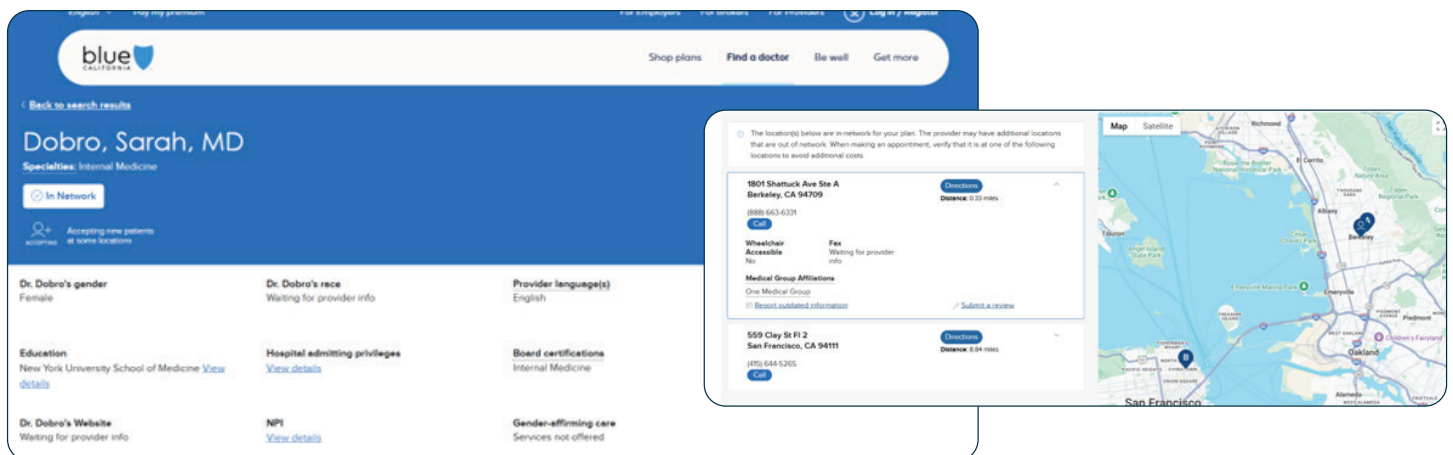
A pop-up box will open for you to select the type of specialty, facility, or medical group you would like to locate.



- Next, more specific options for filtering are provided. Select **“Specialty”**, **“Doctor name”**, or another option to narrow down searches. A list of providers in the city and state you selected will populate (as shown below).



- Once you click on a specific provider’s name, additional details about the provider will be shown.



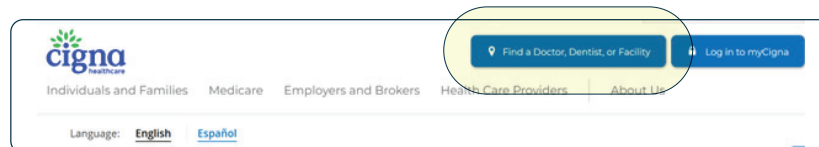
- Contact the provider to schedule an appointment and let them know your health insurance plan uses the **Blue Shield of CA PPO network**.



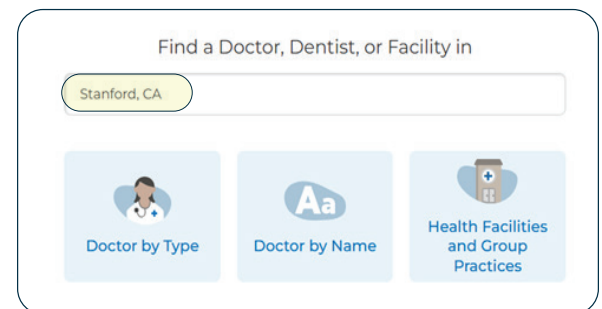
For services outside of California:

Locate a provider in the Cigna PPO network outside of California by following the directions below.

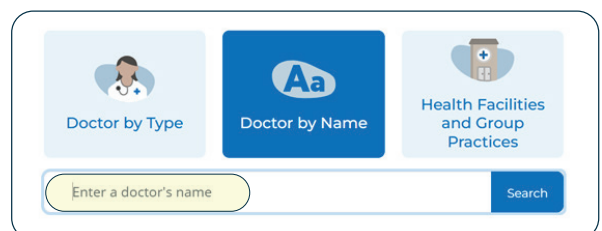
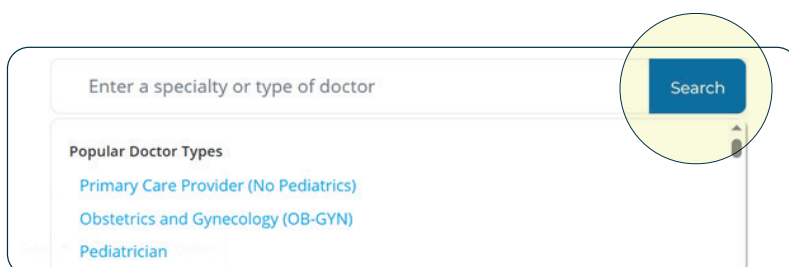
1. Navigate to the **Cigna electronic provider finder tool** and click **“Find a doctor”** using this link:
<https://hcpdirectory.cigna.com/web/public/consumer/directory/search?consumerCode=HDC001>



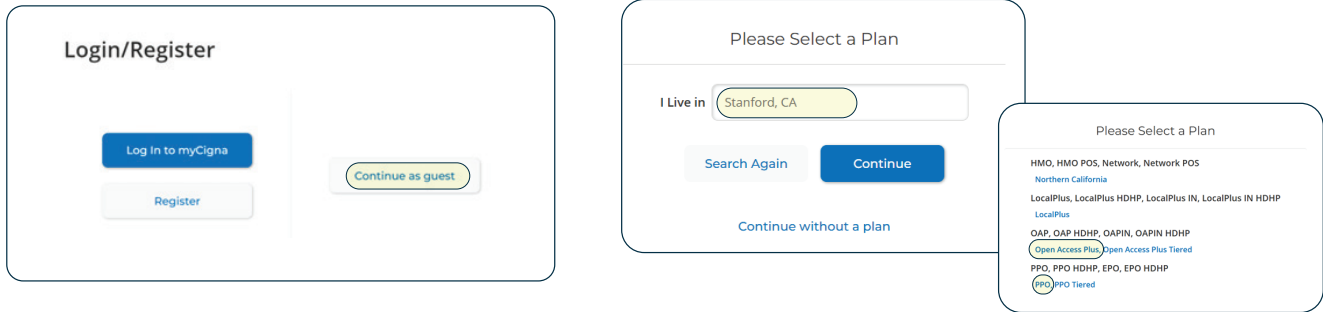
2. Under **“How are you Covered?”**, select **“Employer or School”**.
3. Type in your city and state and select the search type (Doctor by Type, Doctor by Name, or Health Facilities/Group Practice).



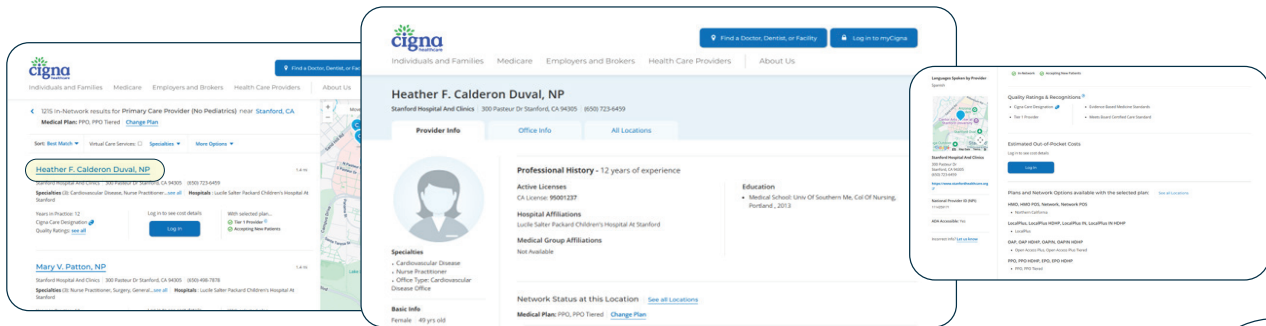
4. If selecting **“Doctor by Type”**, you can enter a specialty **OR** type of doctor. Click search to show results.
 If selecting **“Doctor by Name”** or **“Health Facilities and Group Practice”**, you can type in the name of any doctor, health facility, or group practice. Click search to show results.



5. When prompted, click **“Continue as guest”**.
6. Next, select your plan:
 - a. Type the name of the city and state you want to find care in. Press continue.
 - b. Under **“Select a Plan”**, click on **“PPO”**, as shown below.



7. A list of providers in your network and location will populate, as shown below: Click on the provider’s name, and additional information about the provider will populate.



8. Contact the provider to schedule an appointment and let them know your health insurance plan uses the **Cigna PPO network** (for services outside of CA).



Questions:

For questions or further assistance locating an in-network provider on your Wellfleet Student Health Insurance Plan, **call the phone number on the back of your Wellfleet Student Health Insurance Plan ID card.**

