

**2017-2018 Health Net Optometrists in Palo Alto and Menlo Park**

Provider Name	Degree	Gender	Address	City	State	Zip	Contact numbers	Specialties	Medical groups	Office Hours	Hospital Affiliations	Provider Languages	Office Staff Languages
Ng, Julie	O.D.	F	795 EL CAMINO REAL	PALO ALTO	CA	94301	(650) 853-2974	Optometrist	Palo Alto Medical Foundation	N/A	Stanford Health Care	Cantonese	Italian, Mandarin, Spanish
Ma, Helen	O.D.	F	795 EL CAMINO REAL	PALO ALTO	CA	94301	(650) 853-2974	Optometrist	Palo Alto Medical Foundation	N/A	Stanford Health Care	N/A	Italian, Mandarin, Spanish
Seabolt, Elizabeth	O.D.	F	795 EL CAMINO REAL	PALO ALTO	CA	94301	(650) 853-2974	Optometrist	Palo Alto Medical Foundation	N/A	N/A	N/A	Italian, Mandarin, Spanish
Binder, Steven	O.D.	M	2452 WATSON CT.	PALO ALTO	CA	94303	(650) 723-6995	Optometrist	Stanford Health Care	N/A	Stanford Health Care	N/A	N/A
Yu, Shirley S	O.D.	F	795 EL CAMINO REAL	PALO ALTO	CA	94301	(650) 321-4121	Optometrist	Palo Alto Medical Foundation	N/A	N/A	N/A	Italian, Mandarin, Spanish
Warner, Katherine A	O.D.	F	2452 WATSON CT.	PALO ALTO	CA	94303	(650) 723-6995	Optometrist	Stanford Health Care	N/A	Stanford Health Care	N/A	N/A
Most, Joseph F	O.D.	M	540 UNIVERSITY AVE.,# 110	PALO ALTO	CA	94301	(650) 321-2015	Optometrist	PPO: Los Angeles County	Mon - Fri 9:00 AM - 5:30 PM	N/A	German, Spanish, Tagalog, Yiddish	N/A
Matteson, Cindy S	O.D.	F	540 UNIVERSITY AVE.,# 110	PALO ALTO	CA	94301	(650) 321-2015	Optometrist	PPO: Santa Clara County	Mon - Fri 9:00 AM - 5:30 PM	N/A	German, Spanish	N/A
Ja, Sylvia S	O.D.	F	479 UNIVERSITY AVE.	PALO ALTO	CA	94301	(650) 327-2020	Optometrist	PPO: San Diego County	M:1030-1900, TU:1030-1900, W:1030-1900, TH:1030-1900, F:1030-1900	N/A	N/A	N/A
Ramirez, Norma	O.D.	F	2452 WATSON CT.	PALO ALTO	CA	94303	(650) 723-6995	Optometrist	Lucile Packard Children's Hospital Medical Group	N/A	Lucile Salter Packard Children's Hospital at Stanford, Stanford Health Care	Spanish	N/A
Kiang, Yih-Ting T	O.D.	F	479 UNIVERSITY AVE.	PALO ALTO	CA	94301	(650) 327-2020	Optometrist	PPO: Santa Clara County	M:1000-1900, TU:1000-1900, W:1000-1900, TH:1000-1900, F:1000-1900, SA:1000-1800	N/A	N/A	N/A
Delos Santos, Lisa	O.D.	F	1300 Crane Street	Menlo Park	CA	94025	(650) 498-6500	Optometrist		N/A		N/A	N/A

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