

Getting Home Safely

Transportation While Abroad

Many cities around the world have wonderful public transportation systems that you will get to know very well while studying abroad!

Riding public transportation is sometimes the best way to experience the local people, language, and overall culture.

Just as you would at home, make a plan for the night and think about how you will get home ahead of time. Riding a train, bus, or taxi with friends is always the best option after going out for the night. This is especially important if you have been drinking alcohol. It's always smart to designate a sober monitor to watch over the group and make sure no one tries to go home alone.

Resources

On-Campus Offices



Office of Alcohol Policy and Education

Website: alcohol.stanford.edu
Email: alcohol@stanford.edu
Address: 581 Capistrano Way
Rogers House
Stanford, CA 94305-8235



Being Overseas Study Program

Website: undergrad.stanford.edu/programs/bosp
Email: By Advisor - Check website's contact us page for staff emails
Address: Sweet Hall, Ground Floor
590 Escondido Mall
Stanford, CA 94305-3089



Bechtel International Center

Website: bechtel.stanford.edu
Email: By Advisor - Check website's contact us page for staff emails
Address: 584 Capistrano Way
Stanford, CA 94305



Studying Abroad and Alcohol

How to navigate alcohol use during your time studying abroad



What to Know

Representing Stanford Abroad

Keep in mind that students are representing Stanford University while abroad and the purpose of this experience is to provide students with a rich learning environment. Consider how laws regarding alcohol and other drug use vary by country and are often times more severe than in the US.

Alcohol is generally more accessible in other countries as most countries around the world have set their drinking age limit below 21. Some countries do not even have drinking age laws while others completely prohibit alcohol consumption. This creates a different culture around alcohol than you might if you grew up with in the US.



Checklist and Legal Consequences

Before Your Trip

Alcohol Laws

1. Alcohol and other drug laws will vary depending on where you study abroad. As soon as you leave the United States, you are subject to the laws of the country of your study abroad program - Your status as a visiting student does not exempt you from these laws or its potential sentences.
2. Take some time to research the culture of alcohol before beginning your study abroad experience.
3. Legal Consequences: Some countries are stricter than others when it comes to over drinking, public intoxication, and/or drug use. For example, illegal drug possession and use could result in longer and more severe sentences compared to those in the US.



Once You're There

During Your Trip

If you choose to drink while you are abroad, abide by that country's laws, customs, and practices - If you want more information:

1. Reach out to your program director and/or host family to ask about drinking customs in your study abroad country.
2. Reach out to the American Embassy/Consulate in your host country, and the US Department of State Travel website.

